250-475-7100

Gordon Head Recreation Centre - Drop-in Swim Schedule

Staff availability may influence service levels. Please check facility status online before visiting.

We appreciate your patience and understanding as we strive to provide consistent service throughout the holiday season.

Monday Dec 23 rd & 30 th	Tuesday Dec 24 th & 31 st	Wednesday Dec 25 th & Jan 1 st	Thursday Jan 2 nd	Friday Dec 27 th & Jan 3 rd	Saturday Dec 21 st & 28 th & Jan 4 th	Sunday Dec 22 nd & 29 th & Jan 5 th
Early Bird	Early Bird		Early Bird	Early Bird	Early Bird	Early Bird
6:00-8:00am (S)	6:00-8:00am		6:00-8:00am	6:00-8:00am (S)	6:00-8:00am (S)	6:00-8:00am (S)
						Leisure Swim
Leisure Swim	Leisure Swim	Closed	Leisure Swim	Leisure Swim	Leisure Swim	8:00am-10:00pm (S)
8:00am – 12:00pm (S)	8:00am – 12:00pm (S)		8:00am – 12:00pm (S)	8:00am – 12:00pm (S)	8:00am – 12:00pm (S)	Fun Swim 10:00am-12:00pm (S)
Noon Hour	Noon Hour		Noon Hour	Noon Hour	Noon Hour	Noon Hour
12:00-1:00pm	12:00-1:00pm		12:00-1:00pm	12:00-1:00pm	12:00-1:00pm	12:00-1:00pm
Fun Swim	Fun Swim		Fun Swim	Fun Swim	Fun Swim	Fun Swim
1:00-3:00 pm (S)	1:00-3:30 pm (S)		1:00-3:00 pm (S)	1:00-3:00 pm (S)	1:00-3:00 pm (S)	1:00-3:00 pm (S)
Leisure Swim			Leisure Swim	Leisure Swim	Leisure Swim	Leisure Swim
3:00 – 6:30 pm (S)			3:00 – 6:30 pm (S)	3:00 – 6:30 pm (S)	3:00-5:30pm (S)	3:00-5:30pm (S)
Fun Swim	Closed Early		Fun Swim	Fun Swim	Fun Swim	Fun Swim
6:30-8:30pm (S)			6:30-8:30pm (S)	6:30-8:30pm (S)	5:30-7:30pm (S)	5:30-7:30pm (S)
Adult Swim			Leisure Swim	Adult Swim	Youth Swim	Adult Swim
8:30-10:00pm			8:30-10:00pm (S)	8:30-10:00pm	7:30-9:00pm	7:30-9:00pm (S)

Notes & Additional Information

(S) Indicates shared pool with programs

Music Free Swim Times: 12:00-1:00pm Daily

Children 7yrs and younger MUST be accompanied in the water by an adult (16yrs+), within arm's reach of an adult, at all times!

Gordon Head Recreation Centre – Drop-in Program Schedule									
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
Dec 23 rd & 30 th	Dec 24 th & 31 st	Dec 25 th & Jan 1 st	Jan 2 nd	Dec 27 th & Jan 3 rd	Dec 21 st & 28 th & Jan 4 th	Dec 22 nd & 29 th & Jan 5 th			
Waterfit	Waterfit		Waterfit	Waterfit	Waterfit				
9:00 – 10:00am	9:00 – 10:00am	Closed	9:00 – 10:00am	9:00 – 10:00am	8:00 – 9:00am				
Inst: Susanne	Inst: Various		Inst: Amanda	Inst: Various	Inst: Mary-Jane				

PLEASE SEE SWIM DESCRIPTIONS FOR MORE INFOMATION

HOLIDY SCHEDULE 2024 / 2025

Statutory Holidays - Facility Closed

Christmas Day Wednesday, December 25th
Boxing Day Thursday, December 26th
New Years Day Wednesday, January 1st

SWIM DESCRIPTIONS

Early Bird - The early bird catches the calm waves... Enjoy length swimming in the lap pool, playing in the leisure or tot pools, or relaxing in the hot tub, sauna, and steam room. Three double lanes available for length swimming unless (s) is indicated.

*An Adult (16 yrs+) must accompany children under the age of 13yrs for the duration of the swim.

Leisure Swim - The standard pool swim... All ages & skills levels are welcome! Come and enjoy limited length swimming, shared use of the leisure pool & tots pool, or relax in the hot tub, sauna, and steam room. A variety of lane orientations will be used to best suit the needs of this swim. Only one single lane is available for length swimmers. (S) indicates shared space with programs or rental groups.

*An Adult (16 yrs+) must accompany children under the age of 13yrs for the duration of the swim.

Noon Hour - The midday lengths... All ages & skill levels are welcome; enjoy length swimming in the lap pool, playing in the leisure or tot pools, or relaxing in the hot tub, sauna, and steam room. Three double lanes available for length swimming. Children Must respect the nature of the swim. Spray features may not be available at this time. *No music will be played during this time.

*An Adult (16 yrs+) must accompany children under the age of 13yrs for the duration of the swim.

Swim Lessons – No lessons during the Holiday Schedule - Come learn to swim... Lessons are offered for all ages and abilities. The sauna, steam room and hot tub are open, but all other pool areas are prioritized for programs. Space may be available at the discretion of our staff.

Fun Swim - Bring the fun... Fun for all ages, bring your friends and family for a high energy swim time in the pool. The rock wall and slide will be opened periodically along with the water features. Length swimming may not be available. (S) indicates shared space with programs or rental groups.

Adult Swim - No kids allowed... A mature, relaxing swim with flexible options for length swimming and leisure time. **(S)** indicates shared space with programs or rental groups.

*All participants must be at least 16yrs old.

Youth Swim – A supervised high energy swim night for tweens & teens. The rock wall, monkey bars, and slide will be opened periodically along with the water features. The Teen centre is open and available from 7:00 – 8:00 pm before the swim. *Adults are welcome but must respect the nature of the swim

*All participants must be over the age of 10yrs.

*For All Swims and All the Pools – Children 7 years and under must be within arms-reach of an adult (16+yrs) in the water, at all times.

Adjusted Hours

Christmas Eve Sunday, December 24^{th;} Pool closes at 3:30pm. Facility closes at 4:00 pm New Years Eve Sunday, December 31st; Pool closes at 3:30pm. Facility closes at 4:00 pm

DROP-IN PROGRAM DESCRIPTIONS

Waterfit - A fun, moderate to intense, self paced workout focusing on total body conditioning held in both ends of the pool. Modifications may be made for most fitness levels, for those wishing to participate in the deep water with a floatation belt, and those wishing to participate in the shallow water.

Masters Swimming Swim - No upcoming dates in the Holiday Schedule

A supervised drop-in swim workout for all ages and skill levels. Come work on your strokes in a fun inclusive non-competitive environment. The focus will be on lane swimming for fitness, and the ability to swim several lengths is required.

COMMUNITY SERVICE PROGRAMMING

For information regarding the Sensory Swim please contact loryn.anderson@saanich.ca
For information regarding the 2SLGBTQ & culturally safe swims please contact jason.jones@saanich.ca

★Sensory Swim – No upcoming dates in the Holiday Schedule

In order to support the community, need for a safe space for patrons with sensitivities, the sensory swims have been created. During these sessions the pools, sauna and steam room are available. The swim features: reduced noise and water features, no music, no announcements, clear times and transitional warnings, and designated sensory friendly break rooms.

2SLGBTQ Swim - No upcoming dates in the Holiday Schedule

Swim for trans, 2-spirit and non-binary community members and their friends and family. During these sessions the pools, sauna and steam room are available. The rock wall, monkey bars, slide, and water features may not be available.

Splash Savings Swim Sessions – Dec 21st, 23rd 30th, Jan 2nd 3rd, 4th 1:00 – 3:00 pm

These special swim sessions are a chance for everyone to enjoy our aquatic facilities at a reduced admission rate. Keep an eye out for future Splash Savings Swims to be posted on the pool schedule.

*For All Swims and All the Pools – Children 7 years and under must be within arms-reach of an adult (16+yrs) in the water, at all times.